

Cowl With Mock Cables

Made on a GK 370 midgauge knitting machine, but suitable for any midgauge or bulky machine



Requires one 100-gram ball knitting worsted weight yarn, with number 4 on the ball band, or any yarn that will knit stockinet to a gauge of 4 sts 6 rows = 1". Sample was made with Big Twist yarn from JoAnn's, color watermelon, and took approximately 2/3 of a skein. The fabric should be soft, and fairly loose, since the cowl needs to drape.

Tension 9 on GK 370 stitch dial.

Cast on 44 sts with waste yarn and ravel cord. E-wrap cast on over ravel cord with main yarn.

Knit to RC 168.

With so many cables, and so many stitches to drop, it works better to drop the required stitches now, take the emptied needles back to position A, then knit the waste yarn.

Underlined stitches should be dropped 3-4-5-2-6-4-6-2-5-4-3, as follows:

Starting from the left edge, keep first 3 sts in work, drop the next 4 sts, keep next 5 sts in work drop the next 2 sts, keep next 6 sts in work, drop the next 4 sts, keep next 6 sts in work, drop the next 2 sts, keep next 5 sts in work, drop the next 4 sts, keep last 3 sts in work. This is the set-up for 3 large mock cables, and 2 small ones.

Remove on WY.

Working on one cable at a time, ravel the required stitches all the way back to the cast on, then work the mock cable back to the top. Either continue latching the stitches back through the waste yarn, or fasten the last loop with a large safety pin to prevent the stitches from running downwards.

A rug latch hook works best for this technique, but the latch tool from the accessory kit or a large aluminum crochet hook can be used if no rug latch tool is available.

Small Cable (The One Made From Two Dropped Stitches)

Begin at the cast on edge. Insert latch hook through the “run”, 2 yarn strands up from the lower edge. Twist hook down and around to form a loop. Slide this loop back behind the latch and hold it there with forefinger. *Pick up the next 2 strands of “run”, then pull them through the loop already on hook. Slide this new loop back behind the latch and hold it there. Repeat from * to end of MC. Either continue latching back up through waste yarn, or fasten top loop with a safety pin.

Large Cable

Work as for small cable, except after making the loop at the bottom from the first 2 yarn strands, pull 4 bars through the stitch on the hook each time.

Repeat this process for the 4 remaining cables.

Backstitch bind off after the cables are completed. This is usually better done by rehangng the live stitches back on the machine and working the bind off while the stitches are held by the needles. There are multiple strands of yarn on the needles that hold the cables, so hang weights to help keep the fabric pulled down while sewing.

Sew the ends together. Work in yarn ends.

Note: the 3 edge stitches have rolled under around the lower edge; they are there, just turned to the inside. This is exactly what we want; it makes a nice edge and no other finishing is necessary.