

Adult 2-Piece Round Yoke Pullover

Suitable for any midgauge or bulky knitting machine that has at least 132 needles.

Sizes S-M-L-XL-XXL, Finished Width



Materials

4 (5-5-6-6) balls Caron Simply Soft Tweeds in main color, and 1 ball contrast color. Each ball weighs 5 oz/140 grams and has approximately 250 yds/228 m. This yarn is slightly thicker and denser than solid color Simply Soft.

Gauge: 18 sts, 24 rows = 10 cm, or 4.5 sts, 6 rows = 1 inch in stockinet

Tension: 8 on an LK 150 in stockinet, or whatever is necessary to obtain gauge. Fairisle tension 8.5. It is more important to match stitch gauge.

Body back and front are identical. Many hand knit patterns are also designed this way, though it is not so obvious since they are usually knit in the round on circular needles.

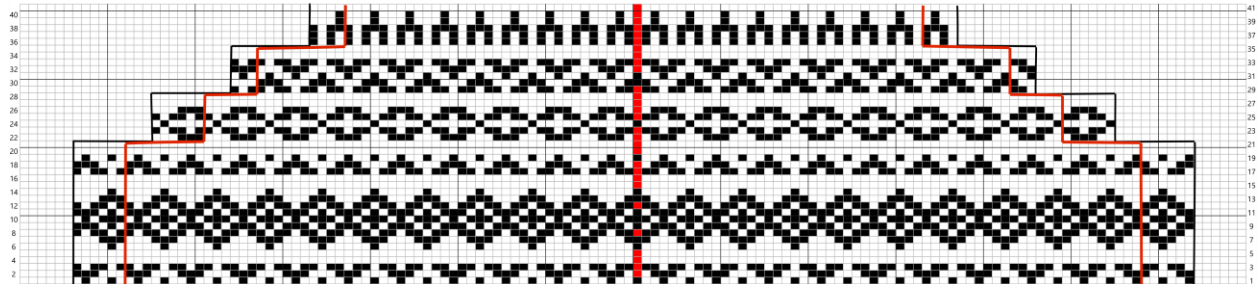
The yoke on this pullover is made in two identical sections. Since this pattern is meant to be an introduction to Fairisle yokes, the shaping is kept as simple as possible, and there are just two colors in the yoke.

To create the round yoke shaping, we knit through the Fairisle in the tier, then 1 row plain stockinet in the background color. Decrease the required number of stitches, in the spacing specified in the pattern. Take the empty needles back to position A, out of work. Knit 1 row and remove on waste yarn, circular needle, or garter bar. Bring the emptied needles back to work position, then take the needles for half the decreased stitches on each side of the bed back to position A. Rehang the yoke on the remaining stitches. This slightly gathers the fabric. Making these rows of gathers at the top of each tier is how the round shaping is created. Hand knitters usually knit yokes with circular needles, and decreases are scattered throughout the patterning. It is impossible to use that method on a flatbed knitting machine. By making all of the decreases between the tiers, we get the same effect.

Tier 1 in this pattern is wider than that found in many round yoke patterns, to provides more room in the upper arm and shoulders. The narrower tiers, 2 through 4, then pull the yoke in more from the top of the arm to the neck edge.

Complete Yoke Chart

This is the complete yoke chart. It shows how each tier begins and ends, and should help visualize needle selection for each row. (Larger individual charts are included below, as well.) The red center line indicates needle 1 right of center 0. Tiers 1, 2 and 3 are 6-stitch repeats; tier 4 is 4-stitch repeat.



The red inner lines show the beginning and end of each tier for sizes S and M.

NOTE: the black squares indicate the contrast color needles. This garment is designed using only two colors, and the black squares always represent the contrast color.

Individual charts below are created on a 24-stitch grid, and do not include the entire tier; use the complete yoke pattern chart above to see how each row begins and ends. Read individual charts from the bottom up. Begin selecting needles from center 0, outwards to both ends of the bed. Red rectangles show stitches that are in one repeat; select this repeating group of needles all the way across the tier, on each side of center 0.

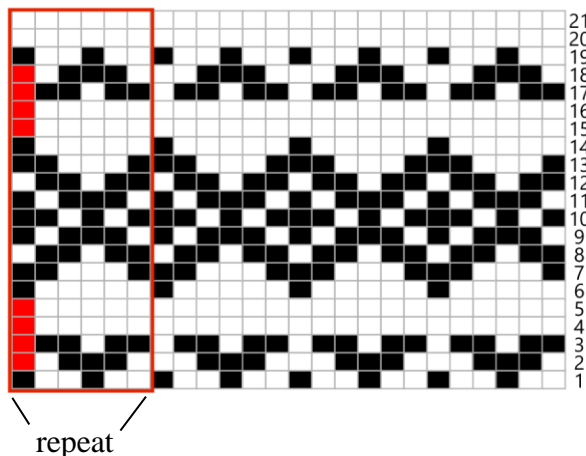
First number is stitch count for sizes S and M; second number is the stitch count for L-XL-XXL.

Set Up

Cast on 116 (128) stitches, from 58L-58R (64 L to 64 R) of center 0, with waste yarn and ravel cord.

T 8. Knit 2 rows, ending with carriage on right side of bed. Fasten a yarn marker on the strand of yarn between needle 1 left and needle 1 right to mark center of yoke.

Tier 1



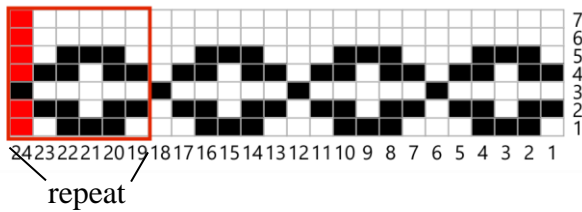
Work Fairisle pattern for 19 rows. Knit 1 row main color.

Make decreases as follows:

S-M: pull forward the 7th needle 1 time, then every 6th needle 16 times, then the 7th needle 1 time.

L-XL-XXL: pull forward every 5th needle 2 times, every 4th needle 13 times, then every 5th needle 3 times. Transfer the stitches on these needles to a neighboring needle. Knit 1 row main color and remove on waste yarn, circular needle, or garter bar.

Tier 2



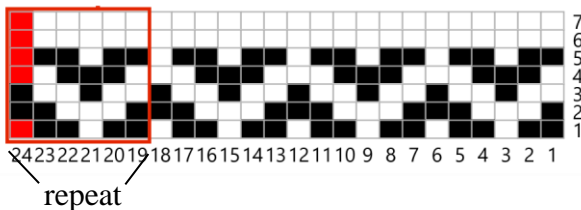
S-M: rehang yoke on 98 needles.
 L-XL-XXL: rehang yoke on 110 needles.
 Knit 5 rows Fairisle, then 1 row main color.

Make decreases as follows:

S-M: pull forward the 8th needle 3 time, then every 7th needle 6 times, then the 8th needle 3 times.
 L-XL-XXL: pull forward every 6th needle 7 times, every 5th needle 4 times, then every 6th needle 7 times.

Transfer the stitches on these needles to a neighboring needle. Knit 1 row main color and remove on waste yarn, circular needle, or garter bar.

Tier 3



S-M: rehang yoke on 86 needles.
 L-XL-XXL: rehang yoke on 92 needles.
 Knit 5 rows Fairisle, then 1 row main color.

Make decreases as follows:

S-M: pull forward the 5th needle 1 time, then every 4th needle 18 times, then the 5th needle 1 time.
 L-XL-XXL: pull forward every 5th needle 8 times, every 4th needle 3 times, then every 5th needle 7 times.

Transfer the stitches on these needles to a neighboring needle. Knit 1 row main color and remove on waste yarn, circular needle, or garter bar.

Tier 4



S-M: rehang yoke on 66 needles.
 L-XL-XXL: rehang yoke on 74 needles.
 Knit 5 rows Fairisle, then 1 row main color.

Make decreases as follows:

S-M: pull forward the 5th needle 1 time, then every 4th needle 18 times, then the 5th needle 1 time.
 L-XL-XXL: pull forward every 4th needle 18 times.

Transfer the stitches on these needles to a neighboring needle. Knit 1 row main color. This time remove on waste yarn, not garter bar. 46 (56) stitches remain.

Block yoke now to make it easier to seam.

Neckband

Rehang yoke on 46 (56) needles. T6. Knit 16 rows. Convert to ribbing. Hang a hem from the first row above waste yarn, picking up only the purl stitches (every other stitch) and hang onto the corresponding needle. Manually knit this row, taking every stitch back past position A, about halfway to the back rail. Bind off with stitch through stitch method. Sew both seams.

Alternate Method: You may seam seam one shoulder, then pick up the joined yoke, and knit the neckband. This eliminates one seam in the band.



Seams were made using mattress stitch.

Body and Sleeves, Sizes S and M

Finished width at underarm 36 (40) inches

Note: Back/front/sleeves are picked up from the cast on edge of the yoke and worked downwards. Because of the way knitting stitches are formed, there is one less stitch when knitting downwards. 2 more stitches are used for seams, leaving 113 stitches along the bottom edge of each yoke section.

The top edge is shaped with short rows, and increases are made at the same time on the sides for raglan armhole, using the 2-prong transfer tool. The yoke is the same for both sizes, but the number of rows and increases for raglan shaping are different.

Back and Front (make 2 alike)

Hold bottom edge of yoke with knit side toward the machine, purl side facing you. Pick up 69 stitches, from 34L to 35R. Begin with the yarn marker on the bottom of the yoke. Place this stitch on needle 1 right of center 0, then pick up the required stitches on each side.

T 7. Begin with the carriage on the left. Work short rows on left side only. Place all 69 stitches into hold position and set the carriage to hold.

Raglan And Short Row Shaping

Bring a new needle out to work pos on the left edge; this creates a seam stitch. E-wrap this needle (reverse or “backwards” e-wrap is better). Thread carriage with main color and fasten a clip on the end to hold it down out of the way.

RC 000. Return first 5 stitches to work. Knit to the right, wrap first HP needle, knit back to left. (KWK) 6 sts in work on left.

RC 2. Return next 5 sts to work, inc 1 st on left. KWK. 12 sts in work on left.

RC 4. Return next 5 sts to work, inc 1 st on left. KWK. 18 sts are now in work position (WP).

RC 6. Return next 5 sts to work, inc 1 st on left. KWK. 24 sts are now in WP.

RC 8. Return next 5 sts to work, inc 1 st on left. KWK. 30 sts needles 39 L through 10 L, are now in WP.

This completes the left raglan shaping and short row shaping.

Cut yarn and put all stitches back into HP.

Place carriage on right side of needle bed. Bring a new needle out to work position on the right edge for seam stitch. E-wrap this needle. Thread carriage with main color and fasten a clip on the end to hold it down out of the way.

RC 000. Return first 5 stitches to work. Knit to the left, wrap first HP needle, knit back to right. (KWK) 6 sts in work on right.

RC 2. Return next 5 sts to work, inc 1 st on right. KWK. 12 sts in work on right.

RC 4. Return next 5 sts to work, inc 1 st on right. KWK. 18 sts are now in WP.

RC 6. Return next 5 sts to work, inc 1 st on right. KWK. 24 sts are now in WP.

RC 8. Return next 5 sts to work, inc 1 st on right. KWK. 30 sts needles 11 R through 40 R, are now in WP.

This completes the short row shaping. There are 79 stitches.

Cancel hold setting, and return carriage to stockinet setting.

Shape Lower Raglan

Size S: Increases are completed for size S and row counter is at 10.

Cast on 2 sts at the beginning of the next 2 rows. 83 stitches

This completes the raglan shaping.

Go to Lower Body instructions.

Size M: RC 10, increase 1 st both sides 1 time, ending on RC 12 with (81) stitches.

Cast on 5 sts at the beginning of the next 2 rows. 91 stitches

This completes the raglan shaping.

Go to Lower Body instructions.

Lower Body

Side seam is 16 (17)" long. Add or subtract length here, if desired.

RC 000. Knit even to RC 84 (90).

Ribbing begins at this point. Thread a ravel cord through the live stitches on your machine. This marks the beginning ribbing row, and also acts as a lifeline; it prevents stitches from running too far when converting to ribbing. It takes only a few minutes and saves time later.

Change to rib tension. If you like looser ribbing at the bottom edge, turn the dial down one number. If you prefer firmer ribbing, turn the dial down 2 numbers. Knit 12 rows. T 9, knit 1 row. Convert the last 13 rows to ribbing. Bind off, using stitch through stitch method.

Sleeves (make 2 alike)

Hold bottom edge of yoke with knit side toward the machine, purl side facing you. Pick up 44 stitches, from 22 L to 22 R. This should be every remaining stitch that is held by waste yarn and ravel cord on one of the sewn back/front yoke sections. ***Shoulder seam goes at center 0.*** Thread carriage with main color and fasten a clip on the end to hold it down out of the way.

Raglan And Short Row Shaping

T7. Begin with the carriage on the left. Work short rows on left side of sleeve only. Place all 44 stitches into hold position and set the carriage to hold.

Bring a new needle out to work pos on the left edge; this creates a seam stitch. E-wrap this needle (reverse or "backwards" e-wrap is better). Thread carriage with main color and fasten a clip on the end to hold it down out of the way.

RC 000. Return first 5 stitches to work. Knit to the right, wrap first HP needle, knit back to left. (KWK) 6 sts in work on left.

RC 2. Return next 5 sts to work, inc 1 st on left. KWK. 12 sts in work position on left.

RC 4. Return next 5 sts to work, inc 1 st on left. KWK. 18 sts are now in WP, from 25 L through 8 L of center 0.

This completes the left raglan and short row shaping.

Cut yarn and put all stitches back into HP.

Place carriage on right side of needle bed. Bring a new needle out to work position on the right edge for seam stitch. E-wrap this needle. Thread carriage with main color and fasten a clip on the end to hold it down out of the way.

RC 000. Return first 5 stitches to work. Knit to the left, wrap first HP needle, knit back to right. (KWK) 6 sts in work on right.

RC 2. Return next 5 sts to work, inc 1 st on right. KWK. 12 sts in work on right.

RC 4. Return next 5 sts to work, inc 1 st on right. KWK. 18 sts are now in WP, from 8 R through 25 R.

This completes the short row shaping. There are 50 stitches.

Cancel hold setting, and return carriage to stockinet setting.

RC 6. Increase 1 stitch both sides on this and every following 2nd row a total of 2 (3) times, ending on RC 10 (12), with 54 (56) stitches.

Size S: Cast on 2 sts at the beginning of the next 2 rows. 58 stitches

Size M: Cast on 5 sts at the beginning of the next 2 rows. 66 stitches

Lower Sleeve

Side seam is 17 (17.5) inches long. Add or subtract length here, if desired.

Size S: Knit even to RC 12. Decrease 1 stitch both sides on this and every following 12th row a total of 7 times. 44 stitches remain. Knit even to RC 88. Remove on waste yarn and rehang on 37 needles, decreasing 7 stitches across by doubling stitches on every 6th needle 2 times, every 5th needle 3 times, then every 6th needle 2 times.

Go to Cuff.

Size M: Knit even to RC 8. Decrease 1 stitch both sides on this and every following 8th row a total of 9 times, then every 9th row 1 time. 46 stitches remain. Knit even to RC 90.

Remove on waste yarn and rehang on 39 needles, decreasing 7 stitches across by doubling stitches on every 6th needle 3 times, every 5th needle 1 time, then every 6th needle 3 times.

Go to Cuff.

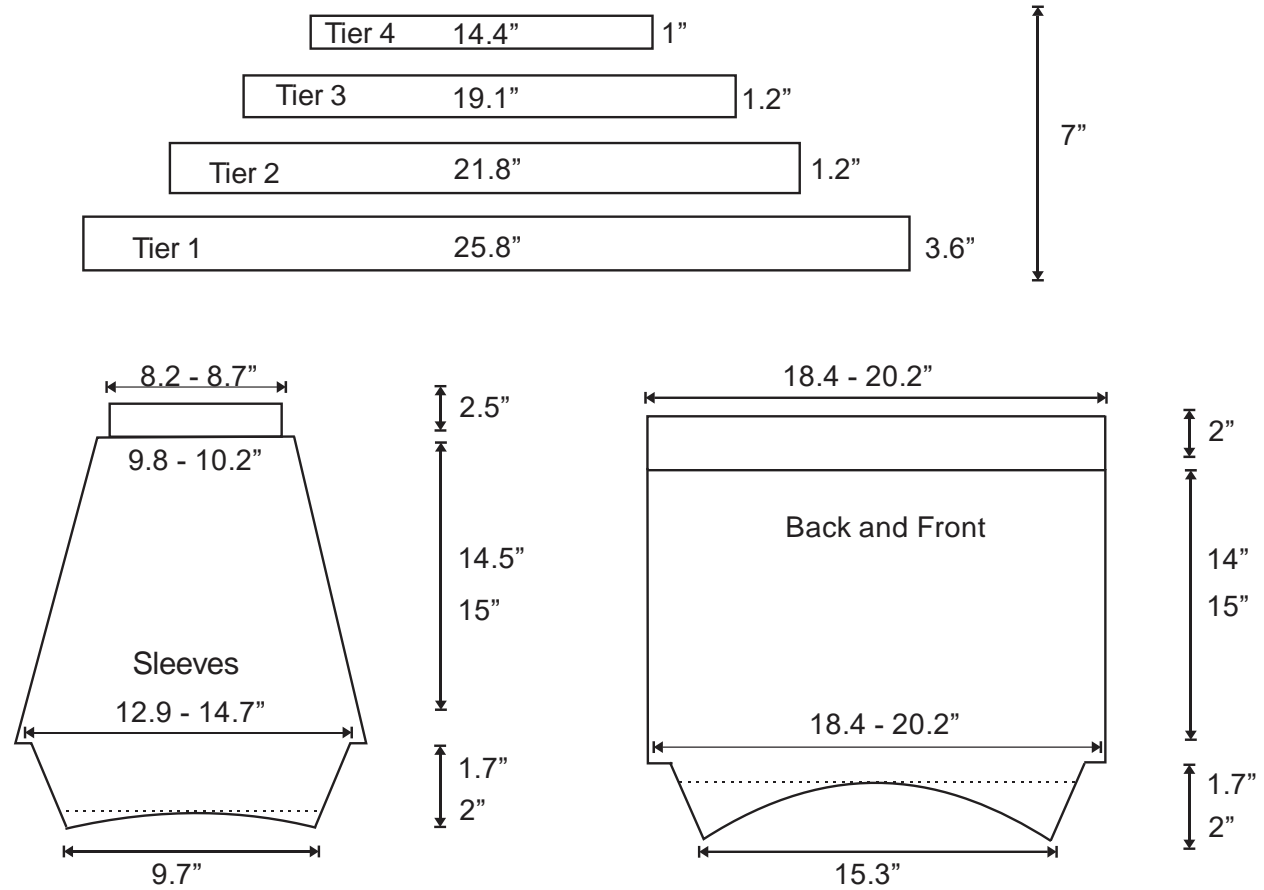
Cuff

Leave the waste yarn on; it will act as a brake to prevent dropped stitches from raveling too far when converting ribbing.

RC 000. T 5 ½ . Knit 16 rows. Turn dial up to 9. Knit 1 row, convert to ribbing by dropping and latching up rib stitches. Bind off by stitch through stitch method.
Sew side and sleeve seams, work in yarn ends. Block if desired.

Schematic for sizes S and M

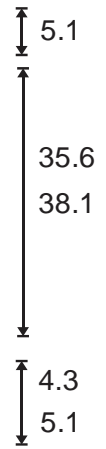
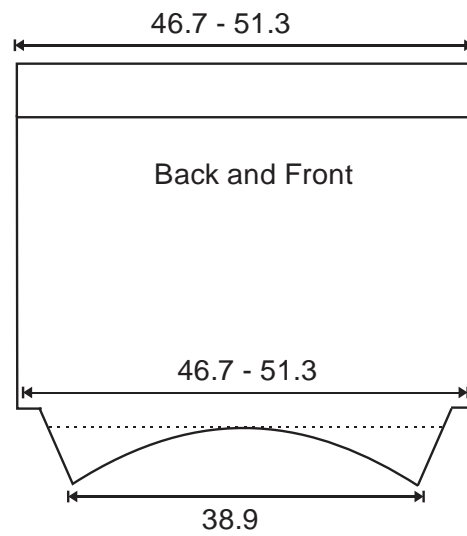
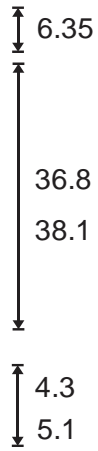
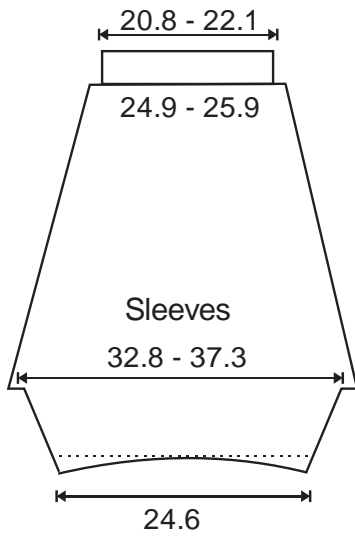
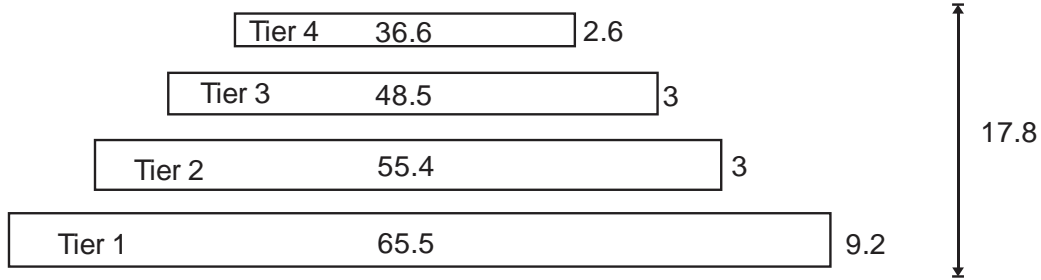
When only one measurement is shown, it applies to both sizes.
All measurements on this page are shown in inches.



Sizes S-M

When only one measurement is shown, it applies to both sizes.

All measurements on this page are shown in cm.



Sizes L-XL-XXL

Note: Back/front/sleeves are picked up from the cast on edge of the yoke and worked downwards. Because of the way knitting stitches are formed, there is one less stitch when knitting downwards. 2 more stitches are used for seams, leaving 125 stitches along the bottom edge of each yoke section.

The top edge is shaped with short rows, and increases are made at the same time on the sides for raglan armhole, using the 2-prong transfer tool. The yoke is the same for both sizes, but the number of rows and increases for raglan shaping are different.

Back and Front (make 2 alike)

Hold bottom edge of yoke with knit side toward the machine, purl side facing you. Pick up 77 stitches, from 38L to 39R. Begin with the yarn marker on the bottom of the yoke. Place this stitch on needle 1 right of center 0, then pick up the required stitches on each side.

T 7. Begin with the carriage on the left. Work short rows on left side only. Place all 77 stitches into hold position and set the carriage to hold.

Raglan And Short Row Shaping

Bring a new needle out to work pos on the left edge; this creates a seam stitch. E-wrap this needle (reverse or “backwards” e-wrap is better). Thread carriage with main color and fasten a clip on the end to hold it down out of the way.

RC 000. Return first 5 stitches to work. Knit to the right, wrap first HP needle, knit back to left. (KWK) 6 sts in work on left.

RC 2. Return next 5 sts to work, inc 1 st on left. KWK. 12 sts in work on left.

RC 4. Return next 5 sts to work, inc 1 st on left. KWK. 18 sts are now in work position (WP).

RC 6. Return next 5 sts to work, inc 1 st on left. KWK. 24 sts are now in WP.

RC 8. Return next 5 sts to work, inc 1 st on left. KWK. 30 sts are now in WP.

RC10. Return next 5 sts to work, inc 1 st on left. KWK. 36 sts, needles 44 L through 9 L, are now in WP.

This completes the left raglan shaping and short row shaping.

Cut yarn and put all stitches back into HP.

Place carriage on right side of needle bed. Bring a new needle out to work pos on the right edge for seam stitch. E-wrap this needle. Thread carriage with main color and fasten a clip on the end to hold it down out of the way.

RC 000. Return first 5 stitches to work. Knit to the left, wrap first HP needle, knit back to right. (KWK) 6 sts in work on right.

RC 2. Return next 5 sts to work, inc 1 st on right. KWK. 12 sts in work on right.

RC 4. Return next 5 sts to work, inc 1 st on right. KWK. 18 sts are now in WP.

RC 6. Return next 5 sts to work, inc 1 st on right. KWK. 24 sts are now in WP.

RC 8. Return next 5 sts to work, inc 1 st on right. KWK. 30 sts are now in WP.

RC 10. Return 5 sts to work, inc 1 st on the right. KWK. 36 sts, needles 10 R through 45 R are now in WP.

This completes the short row shaping. 89 stitches from needles 44 L through 45 R.

Shape Lower Raglan

RC 12: increase 1 st both sides on this and every following 2nd row a total of 1 (4-7) times, ending on RC 14 (20-26), with 91 (97-103) stitches.

Size L. Cast on 5 sts at the beginning of the next 2 rows. 101 stitches

Size XL. Cast on 7 sts at the beginning of the next 2 rows. 111 stitches

Size XXL. Cast on 8 sts at the beginning of the next 2 rows. 119 stitches

This completes the raglan shaping.

Go to Lower Body instructions.

Lower Body

Side seam is 18" long, for all sizes. Add or subtract length here, if desired.

RC 000. Knit even to RC 96.

Ribbing begins at this point. Thread a ravel cord through the live stitches on your machine. This marks the beginning ribbing row, and also acts as a lifeline; it prevents stitches from running too far when converting to ribbing. It takes only a few minutes and saves time later.

Change to rib tension. If you like looser ribbing at the bottom edge, turn the dial down one number. If you prefer firmer ribbing, turn the dial down 2 numbers. Knit 12 rows. T 9, knit 1 row. Convert the last 13 rows to ribbing. Bind off, using stitch through stitch method.

Sleeves (make 2 alike)

Hold bottom edge of yoke with knit side toward the machine, purl side facing you. Pick up 48 stitches, from 24 L to 24 R. This should be every remaining stitch that is held by waste yarn and ravel cord on one of the sewn back/front yoke sections. ***Shoulder seam goes at center 0.*** Thread carriage with main color and fasten a clip on the end to hold it down out of the way.

Raglan And Short Row Shaping

T7. Begin with the carriage on the left. Work short rows on left side of sleeve only. Place all 48 stitches into hold position and set the carriage to hold.

Bring a new needle out to work pos on the left edge; this creates a seam stitch. E-wrap this needle (reverse or "backwards" e-wrap is better). Thread carriage with main color and fasten a clip on the end to hold it down out of the way.

RC 000. Return first 5 stitches to work. Knit to the right, wrap first HP needle, knit back to left. (KWK)6 sts in work on left.

RC 2. Return next 5 sts to work, inc 1 st on left. KWK. 12 sts in work position on left.

RC 4. Return next 5 sts to work, inc 1 st on left. KWK. 18 sts are now in WP, from 27 L through 10 L of center 0.

This completes the left raglan and short row shaping.

Cut yarn and put all stitches back into HP.

Place carriage on right side of needle bed. Bring a new needle out to work pos on the right edge for seam stitch. E-wrap this needle. Thread carriage with main color and fasten a clip on the end to hold it down out of the way.

RC 000. Return first 5 stitches to work. Knit to the left, wrap first HP needle, knit back to right. (KWK) 6 sts in work on right.

RC 2. Return next 5 sts to work, inc 1 st on right. KWK. 12 sts in work on right.

RC 4. Return next 5 sts to work, inc 1 st on right. KWK. 18 sts are now in WP, from 10 R through 27 R

This completes the short row shaping. 54 stitches, from 27 L through 27 R

RC 6. Cancel hold setting. Increase 1 stitch both sides on this and every following 2nd row a total of 4 (7-10) times, ending on RC 14 (20-26), with 62 (68-74) stitches.

Size L: Cast on 5 sts at the beginning of the next 2 rows. 72 stitches

Size XL: Cast on 7 sts at the beginning of the next 2 rows. 82 stitches

Size XXL: Cast on 8 sts at the beginning of the next 2 rows. 90 stitches

Lower Sleeve

Side seam is 18 inches long. Add or subtract length here, if desired.

Size L: Knit even to RC 7. Decrease 1 stitch both sides on this and every following 7th row a total of 8 times, then every 8th row 4 times. 48 stitches remain. Knit even to RC 94. Remove on waste yarn and rehang on 41 needles, decreasing 7 stitches across by doubling stitches on every 6th needle 7 times.

Go to Cuff.

Size XL: Knit even to RC 6. Decrease 1 stitch both sides on this and every following 6th row a total of 10 times, then every 7th row 4 times. 54 stitches remain. Knit even to RC 94.

Remove on waste yarn and rehang on 43 needles, decreasing 11 stitches across by doubling stitches on every 5th needle 3 times, every 4th needle 5 times, then every 5th needle 3 times.

Go to Cuff.

Size XXL: Knit even to RC 6. Decrease 1 stitch both sides on this and every following 6th row a total of 14 times, then every 6th row a total of 3

times. 56 stitches remain. Knit even to RC 94. Remove on waste yarn and rehang on 45 needles, decreasing 11 stitches across by doubling stitches on every 5th needle 4 times, then every 4th needle 3 times, then every 5th needle 4 times. Go to Cuff.

Cuff

Leave the waste yarn on; it will act as a brake to prevent dropped stitches from raveling too far when converting ribbing.

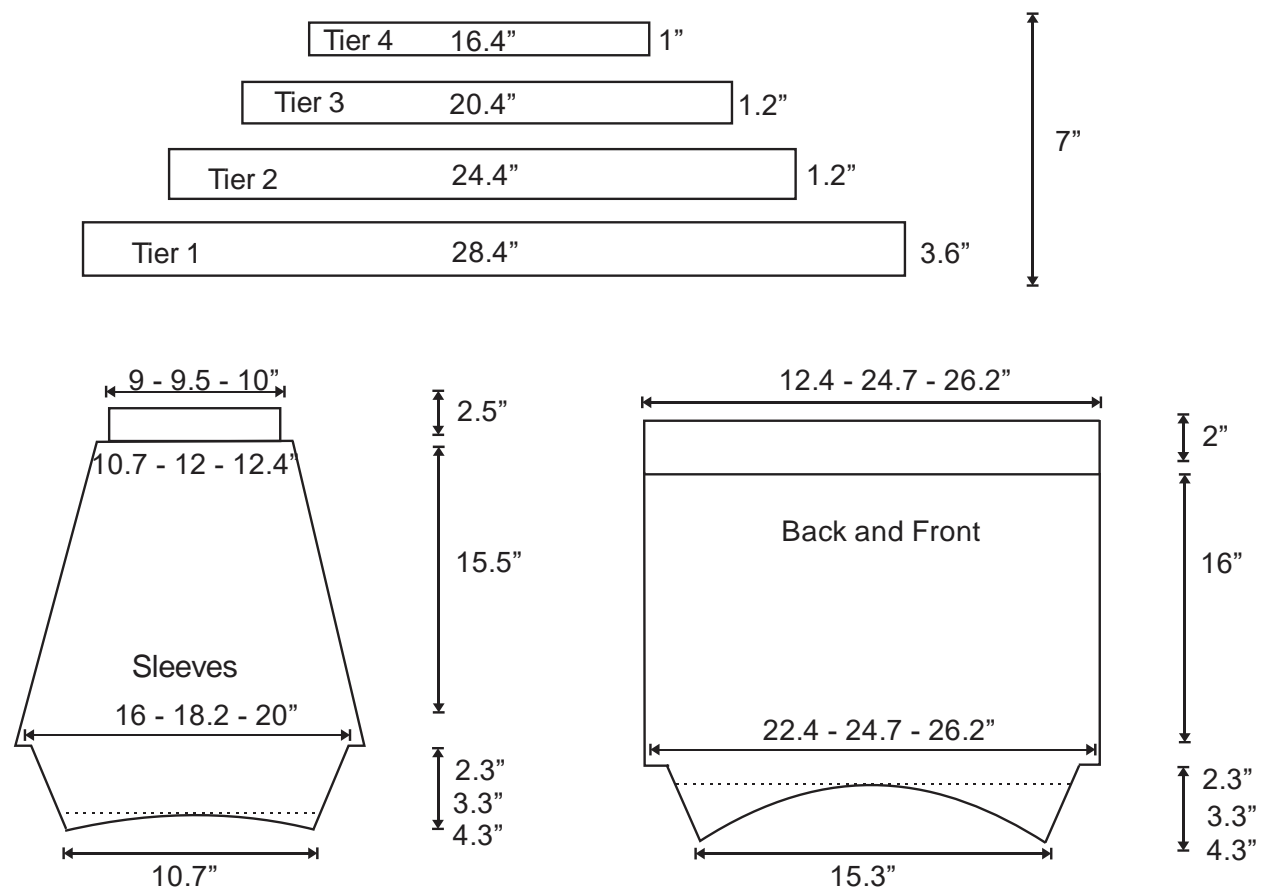
RC 000. T 5 ½ . Knit 16 rows. Turn dial up to 9. Knit 1 row, convert to ribbing by dropping and latching up rib stitches. Bind off by stitch through stitch method.

Sew side and sleeve seams, work in yarn ends. Block if desired.

Schematic for sizes L-XL-XXL

When only one measurement is shown, it applies to all sizes.

Measurements are shown in inches.



Sizes L-XL-XXL

When only one measurement is shown, it applies to both sizes.
 All measurements on this page are shown in cm.

